



AFRICA
SAFE-T

SAFARI & ADVENTURE FOCUSED
EMERGENCY TEAM

AREA SPECIFIC PRACTICES

PREPARATION, CLEANING, HYGIENE (ACCOMMODATION; GAME DRIVES
& TRANSFERS; ADVENTURE ACTIVITIES, CURIO SHOPS, GYM, FOOD & BAR
SERVICE, SPA, LAUNDRY, KITCHEN, SCULLERY, GOODS RECEIVING/ DELIVERIES;
MAINTENANCE



**GETTING EVERY ASPECT OF YOUR PROPERTY PREPARED
AND COMPLIANT**



SAFARI AND ADVENTURE FOCUSED EMERGENCY TEAM

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ICON KEY:



AFRICA SAFE-T
SERVICES



CRITICALLY
IMPORTANT



USEFUL
INFORMATION



RECOMMENDATIONS

AREA SPECIFIC PRACTICES

» ACCOMMODATION UNITS

RED ZONE - Only staff with correct PPE and guests should enter this area

PREPARING ROOMS

Protect your guests from COVID-19 by creating a Healthy Sleep Zone.

- Sewing kits, vanity kits, shoe cleaning kits, irons, magazines and coffee table books should be removed from the guest suites, and instead be provided on request.
- Lodge guides/guest information packs should be provided in electronic form via email, guests' mobile device, tablet or other disposable options.
- Mini-bar stock should be reduced to a minimum and replenished once a day when the room is refreshed. Snacks should be individually packaged to avoid cross contamination between guests. Mini-bar stock must be sanitised before a new guest checks-in.
- Hand sanitiser must be provided in each guest suite.



Turndown service for beds MUST be eliminated.

CLEANING ROOMS

Staff performing housekeeping must be dedicated to this role during a shift. They should not perform housekeeping AND laundry on the same shift due to the high level of safety precautions required in each different zone. Multitasking can lead to a cognitive overload, which will lead to errors. If insufficient staff are present to allocate dedicated roles, we recommend splitting the duties to refreshing and prepping new rooms for guests in the morning, followed by a break, and then laundry in the afternoon. No multi-tasking on the same shift should be performed.

- Increase the time between check-out and check-in to ensure housekeepers have sufficient time for the thorough deep cleaning of rooms.
- Room keys or cards must be sanitised after every check-out and before every check-in.
- Accommodation units require a detailed checklist for cleaning as specified in the Sanitising and Hygiene Section. This checklist should be completed after each cleaning process, and must include the date, time and name of the housekeeper who conducted the cleaning.
- Housekeepers must wear the required PPE for guest suite cleaning.
- Dedicated cleaning equipment and supplies for each room, with colour-coded cloths, is recommended.
- Daily room refreshing should be minimised to attend to essentials items only, such as mini-bar stocking, emptying bins, replenishing supplies (such as restroom paper, hand soaps, creams, shower & bath amenities), and wiping down counters and tables.
- Linen change should be reduced to every 4 days for long stays.
- Floor cleaning should only be performed when dirt and debris is visible.
- Windows and doors should be opened during room cleaning and closed during fogging.
- Housekeepers and any staff member that enters the guest suite must sanitise their hands and shoes, as well as any PPE when exiting.
- All equipment, mops, wet cloths etc. must be sanitised by soaking them in sanitising solution for 30 minutes after cleaning the room.
- Used linen, mattress protectors and pillow protectors should be removed from beds with care. These items should be bundled up, with as little shaking as possible. All linen and towels from the room should be placed into washable cloth bags, tied/zipped closed, sprayed with sanitiser and then dropped off at the laundry.



The virus does not survive for extended periods on surfaces, particularly porous surfaces. To reduce staff exposure, the lodge should leave used rooms untouched for 1-3 days before being cleaned (occupancy permitting).



ROOM HYGIENE

Potential guests need to be reassured that it is safe to travel. Now more than ever, it's important to invest in bed hygiene. Lodges are installing Perspex protection shields, staff are wearing masks and face visors, and social distancing is implemented in public areas, but according to research the majority of a guest's time is spent on their bed.



DID YOU KNOW

Protect-A-Bed® is a global brand with 36 years of experience, and is recognised as the worldwide leader in bedding protection innovation. Protect-A-Bed® mattress protectors, pillow protectors, and mattress encasements feature Miracle Membrane® technology. The waterproof Miracle Membrane technology creates an air vapor porous barrier for mattresses and pillows that blocks viruses, allergens, dust mites, bed bugs and moisture from penetrating the sleep surface.

This feature ensures that the mattress stays cool and clean, while providing a comfortable sleep environment for your guests. COVID-19 is spread through respiratory droplets, thus blocking any moisture (including bodily fluids) from penetrating the mattress and pillows is key to ensuring that these surfaces are not contaminated. The Protect-A-Bed® Miracle Membrane has passed independent lab testing to achieve level 4 viral penetration certification by the Centres for Disease Control and Prevention (CDC) standards for viral penetration.

WATERPROOF PILLOW PROTECTORS - SUPERIOR COMFORT PILLOW PROTECTOR

The pillow is the area of the bed most likely to be exposed to respiratory droplets. Pillow protectors block viruses, and the moisture barrier prevents any liquid from passing through, including sweat. Liquid build up in a pillow can lead to early deterioration of the fibres.

WATERPROOF MATTRESS PROTECTORS - QUILTGUARD MATTRESS PROTECTOR

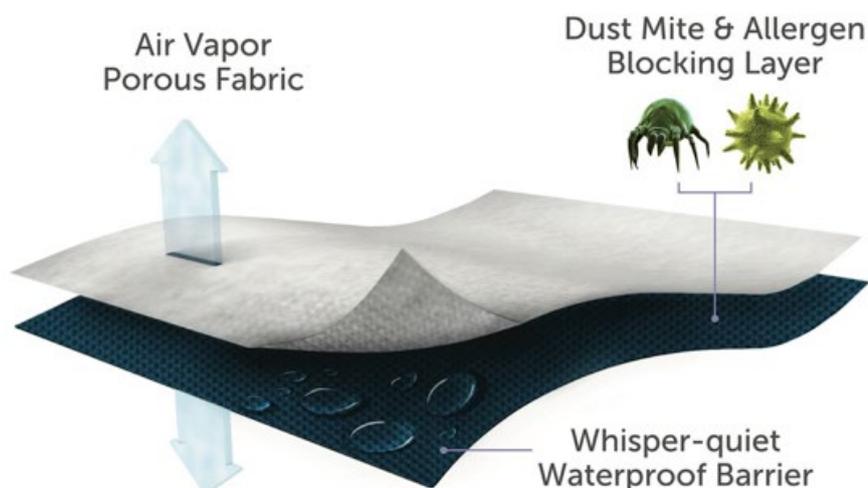
Protect-A-Bed® offers fitted sheet style protectors that are easy to install and remove. Housekeeping can simply remove the mattress protector with the bedding after each guest checks out and send for washing.

(Refer to Appendix 02)



Africa SAFE-T can assist our clients with the procurement of these items.

WATERPROOF MATTRESS MEMBRANE®



YELLOW ZONE - The allocated driver of a vehicle is ultimately responsible for the sanitisation of the specific vehicle. Only he/she may authorise the use of, or embarkment onto the vehicle.

Vehicles should undergo a surface clean after every trip. This is a time-consuming task, and therefore the use of a cold fogger is highly recommended to reduce the time required for sanitising.

SURFACES WHICH MUST BE SANITISED INCLUDE	
Door handles	Heating controls
Ceiling above grab handles	Gloveboxes & storage compartments
Grab handles	Cupholders
Inner door handles & releases	Rear-view mirrors
Window switches	Interior lights
Door pockets	Roll bars & handles
Seatbelts & clips	Keys
Seat adjustment buttons	Headrests
Steering wheel, hooter & controls	Seat pockets
Dashboard & air vents	Rear central tabs
Power buttons	Fuel caps
Gear shifts - full length	Wheel valves
Multimedia screens	Boot lids & close buttons
Boot floor tabs	Parcel shelves
Bonnet lids	

Drivers, staff and guests must sanitise hands before embarking a vehicle. We recommend that a Perspex protection shield is installed behind the guide/ranger/driver’s seat. Staff must be conscious that the wearing of a mask will impact on the guests’ ability to hear them, and should compensate accordingly. Arrival and departure times of trips for each vehicle should be staggered to create adequate social distancing in the turning-circle/foyer of the lodge.

PROCEDURES SPECIFIC TO GAME DRIVES:

Guests should be allocated to a dedicated ranger/guide, tracker and vehicle for the duration of their stay.

Guides must sanitise hands prior to entering the ranger’s room to retrieve the allocated rifle and ammunition. The rifle registry should be signed with guide’s personal pen, as sharing of stationery is strictly prohibited. Guides must sanitise hands after signing the rifle register and exiting the room.

Guides/trackers should advise guests that hand sanitizer is available on the vehicle, and offer it to guests;

- Prior to getting onto the game drive vehicle
- Prior to and after each disembarkation

Binoculars are not to be shared, and must be cleaned after each use.

Ponchos and blankets should be laundered after each use. Alternatively, guests should to be allocated their own ponchos and/or blankets for the duration of their stay, which they keep with them after each trip. It may be useful to provide the guest with an activities bag for the purpose of storing the blanket/poncho and other items between trips.

Food service on trips is to be portioned per couple or group travelling together, or a silver service buffet should be manned by the ranger/guide/tracker. Food should be prepared and portioned by the kitchen staff because of their understanding of food safety protocols. Drinks must be served to the guests by the ranger/guide/tracker.

Portable food and drink containers must be cleaned with sanitiser after each use. Containers must be placed in a non-porous closable container and returned in the same box for cleaning and sanitising at the lodge.



» ADVENTURE ACTIVITIES

Adventure activities generally take place in outdoor environments and can be carried out safely.

All equipment that is used during the activity must be thoroughly cleaned and sanitized before and after every use.

Activity guides must have their mask and wide vision goggles available to them at all times in case physical distancing is not possible in certain circumstances.

Wearing of face masks during adventure activities (such as walking safari, horse riding and cycling) is not required, provided that social distancing of 1.5 meters between individuals that are not travelling together is maintained. Guests must carry their own water bottle.

Drink/meal stops should follow the same procedure as with game drives and transfers.

» CURIO SHOPS

The size of the shop will determine the number of guests permitted inside at any given time. Guests should still be able to adhere to the 1,5m social distancing regulation when in the shop.

The formula for calculating the maximum number of people allowed in the shop at any given time is:

- Total floor space (length x width) /1.77 = total maximum number of people

NOTE: round the number DOWN to the nearest whole number, not up

Guests must be encouraged not to handle or pick-up items in the shop. Signage should be deployed in this regard. Guests should also be discouraged from returning items to the shop. Should this happen, the items need to be thoroughly sanitised before being placed back in the shop for sale.

» GYM

A booking system should be used, with time allocated for cleaning and sanitising between use. If you choose not to follow a booking system for single people/couples or friends/family of the same group, then you will need to ensure that the capacity in the gym is reduced to limit the number of guests in the area at any one time to no more than 1 person per 3 gym stations. Discretion can be used for people from the same small family/friend group who are travelling together.

Equipment stations in the gym should be spaced 2 meters apart to avoid a non-masked guest from contaminating unused equipment.

All the window and doors of the gym should be open to allow for good ventilation. It is advisable to have a fan actively operating during and after sessions to encourage increased ventilation.

Guests must sanitise/wash their hands before and after using the gym, and are required to wear a mask, except while actively working out.

You should request that your guests to wipe down equipment after each use with disinfectant spray and paper towels (which should be provided in the gym with an appropriate plastic lined no lid bin). This will reduce the risk of exposure for housekeepers.

Supply non-porous “used” signs (as described in the Sanitising and Hygiene Practices section), which guests can place on the relevant equipment after use. Demarcate an area on the gym floor where guests can place used weights. Staff must clean and sanitise all the used equipment and weights before they are used again. The use of a cold fogger for the whole area after each use is highly recommended.



»» FOOD & BAR SERVICE



The same dining table should be allocated to guests for the duration of their stay at the lodge. This will reassure them, making them feel safe. Unconnected guests should never be seated together, and staff must not perform seated hosting due to the high risk involved while dining.



Self-service buffets are not permitted. Food should be plated and/or provided in covered single portions as far as possible. Any buffet service should be handled by staff only, and food should be covered with transparent food domes. Self-service machines and receptacles (juice, coffee etc.) should also be manned by staff.



Consider appointing a dedicated bartender for each service to avoid waiters/butlers touching bar items (such as liquor bottles, fridges, tot measurers, etc). This will facilitate an effective one-way workflow with a reduced chain of transmission.

Traditional dining menus should be replaced, and menu options should be accessed via guests' own devices, sanitised tablets, a fixed notice board, printed disposable menus, or within a plastic folder which is sanitised after use by each guest.

All redundant items should be removed from tables, including tablecloths, and only essential items such as salt and pepper should remain. These essential items should be cleaned after each service, or alternatively placed in a dedicated container per table. This enables the same container to be placed onto the guest's specific table at each service, and cleaned after check out before the next guests check in. This will prevent cross contamination and the need for continuous cleaning.

- Sauces, sugar, toothpicks and butter should be removed from tables and provided to guests on request. The containers must be wiped on return to the waiters' station. Butter and jams should be served in individual portions.
- Non-absorbent placemats, such as varnished wood or plastic, may be used but must be sanitised before being placed on the table and directly after use.

Service staff must sanitize their hands immediately before and after handling a guest's crockery, cutlery, glassware, service ware and napkins.

A service clearing system should be implemented with designated containers in a low traffic service area outside the kitchen or in the waiters' station for those items cleared from tables (such as used plates, glasses, cutlery and food waste). The kitchen is a yellow zone, and it is therefore only kitchen staff who should enter the operational area behind the food passes during prep and service. Having a clearing system reduces the foot traffic in the kitchen, which reduces the risk of transmission. Clearing staff should be different to service staff, where numbers permit. Sanitising solution could be put into the containers to allow the items to soak before going to the scullery. This will reduce the risk of exposure to the sculler. The clearing containers could be delivered to the scullery once the food service is completed.

Used glasses or drink containers should never be brought back to the bar for re-filling. Those items must always follow the service clearing system, or go straight to the scullery. This practice will prevent cross contamination from the dining area into the bar, which contains many products and items. The workflow should always be one-way. i.e. bar, restaurant, scullery.



GENERAL

Stagger spa treatment bookings so that only one guest is in the spa reception area at a time. In-room treatments should be encouraged to reduce foot traffic in the spa.

Guests must shower immediately before each body treatment/service - ideally in their room - and put on a clean bathrobe before attending the treatment directly after (the therapist should confirm with the guest that they have done this before commencing the treatment).

Guests should undergo a standard COVID-19 screening when arriving at the spa or before receiving an in-room treatment. Guests must wear masks during treatments.

Staff must wear the correct PPE during treatments. PPE should not be re-used in another session unless the items have been washed and sanitised. Staff must wash and sanitise hands before and after each treatment.

Snacks and welcome drinks should not be served. Bottled beverages are recommended instead.

TREATMENT

Spatulas must be cleaned before being placed into the product containers. Consider using disposable spatulas for optimum infection control.

The guest's feet/hands must be washed with soap and water and then sanitised before being placed into a paraffin wax bath. Do not reuse paraffin dip wax after it is removed from the guest's hands/feet, and discard the hand/foot glove after each use.

Replace the wax bath lids promptly after each use.

POST TREATMENT

Allow for adequate time between bookings so that rooms can be sanitised and prepared between treatments (we recommend 30 minutes between treatments).

Treatment rooms, beds, chairs and nail stations must be sanitized at the start of the day and after each treatment. Linens and towels must be replaced and washed after each treatment. A waterproof mattress protector layer must be placed between an electric blanket and the guest. This is to prevent sweat from penetrating through the spa's linen onto the electric blanket. Spa linen must be washed at a minimum temperature of 70°C using the correct detergents.

Between each treatment all non-porous tools and soaking buckets will need to be cleaned with soap and warm water, and then sprayed with sanitiser. Porous tools should be brushed off over a basin to eliminate as much organic matter as possible before rapid rinsing under running water, followed by sanitisation. Porous tools and non-porous tools should be sanitised in a UV-C Light Box before being used in the next treatment.

All bottles and product containers must be wiped down with a sanitiser at the start and end of each day, and after each use. Change rooms, lockers and keys must be cleaned and sanitised after every guest's use.

Spa swimming pools and jacuzzis must be at the maximum safe levels of chlorine or other anti-bacterial agents, and should be checked three times a day.

Fogging should be considered as part of the sanitising process for treatment rooms, change rooms, bathrooms, saunas and steam showers. Handheld UV-C Light Sterilisation should be used between the treatments for sensitive electronic equipment, such as face microscopes, facial steamers and foot paraffin dip containers.



The washing machine area is a **RED ZONE**, while all other areas are **YELLOW ZONES**. Under no circumstances may laundry attendants enter the **YELLOW ZONE** wearing contaminated PPE.

OUTSOURCED LAUNDRY

Off-premises laundries must issue a letter of guarantee that they are compliant in terms of SANS 10146.

IN-HOUSE LAUNDRY

Before entering the laundry, laundry attendants must ensure that their hands are washed properly and then sanitised. Laundry attendants must put on the correct PPE.

Before any equipment is used, or on opening the laundry in the morning, laundry attendants must sanitise all surfaces. It is important that the washing machine and tumble dryer doors - inside, outside and the door handle - are sanitised. The ironer is to be sanitised, avoiding the belts. All linen containers/baskets must be washed with soap and water and then sanitised.

The used linen received from the rooms in the laundry bags is to be opened one bag at a time and sorted into towelling and linen. Do not open all bags at once; only enough to fill the washing machines. The used linen is then placed in the washing machine and washed at the correct setting and temperature. Laundry attendants must use the correct settings and not bypass any wash processes.

Whilst the items are being washed; The used linen containers/baskets must be washed with soap and water and then sanitised. Used linen containers/baskets may NOT be used for clean linen. The **RED ZONE** floors should be cleaned, first with a floor detergent and then sanitiser.

When the cleaning process is complete, laundry attendants must sanitise their hands and then commence with removing their dirty PPE in the following order (sanitising their hands between each step):

1. Apron (placed into a laundry bag for washing)
2. Shoe covers
3. Gloves
4. Wide vision goggles (into a sanitising bath)
5. Mask (into a laundry bag for washing). A new clean mask should be put on.

At the exit of the red zone there should be a large plastic bucket half filled with sanitising solution - this is called a sanitising bath. Reusable PPE should be placed into the sanitising bath after removal. The PPE soaking in the sanitiser bath can be removed from the bath after 15 minutes, and hung up to air dry.

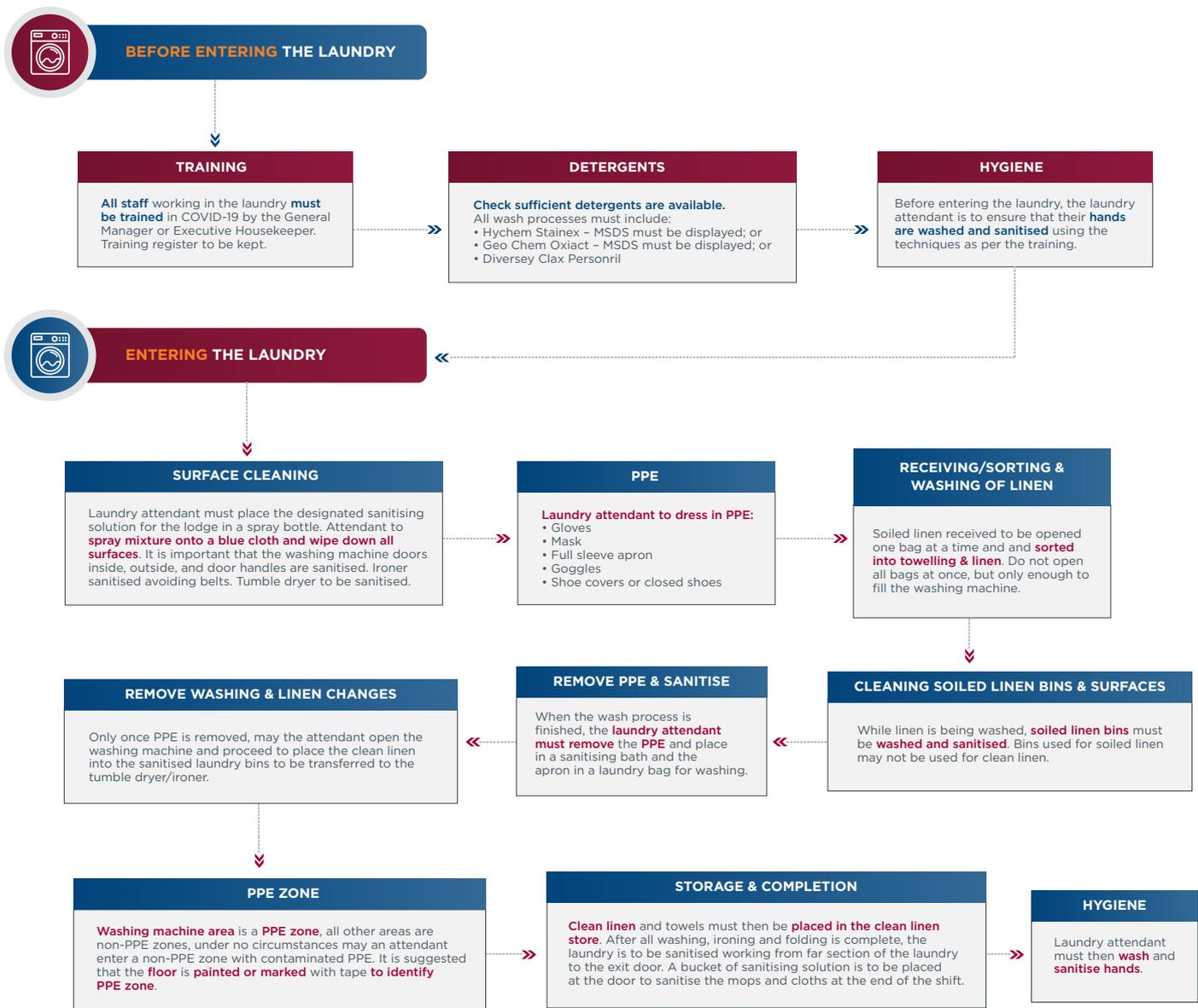
When the washing process is complete, laundry attendants must wash and sanitise their hands before opening the washing machine. Clean linen should be placed into the clean and sanitised laundry container/basket to be transferred to the tumble dryer, washing line or ironer for drying and ironing. Clean linen and towels are then placed in the clean linen store.



It is suggested that linen changes are not all on done on the same day to avoid a backlog in the laundry.

After all washing, ironing and folding is complete the laundry itself is to be cleaned and sanitised, working from the far section of the laundry to the exit door. A bucket of sanitiser solution is to be placed at the door for the mops and cloths at the end of the shift. A cold fogger should be used to deep clean the laundry areas daily.





Training regarding laundry procedures and PPE use is essential for laundry staff. This should be provided when they first return to work after lockdown or after extended leave, and should be repeated weekly.

Staff performing PPE laundry duty must be dedicated to this role during a shift. They should not perform housekeeping AND laundry on the same shift due to the high level of safety precautions required in each different zone. Multitasking can lead to a cognitive overload, which will lead to errors. If insufficient staff are present to allocate dedicated roles, we recommend splitting the duties to refreshing and prepping new rooms for guests in the morning, followed by a break, and then laundry in the afternoon. No multi-tasking on the same shift should be performed the far section of the laundry to the exit door. A bucket of sanitiser is to be placed at the door for the mops and cloths at the end of the shift.

A cold fogger should be used to deep clean the laundry areas daily.



» KITCHEN

YELLOW ZONE - Only kitchen staff should enter during active operations

Menus should be simplified to reduce production complexities and therefore the number of staff required. This will also reduce the range of suppliers required, minimising external interactions.

Equipment and workstations must be sanitised frequently using surface sanitisers, including counters, handles, knobs, dials, switches and static equipment. Utensils, pots, pans and receptacles should undergo more frequent washing. The exteriors of any packaged food item not completely utilised, as well as all food containers should be sanitised with wipes after each use before returning them to the storage unit/pantry/fridge.

Chefs must never touch crockery, cutlery, glassware or service ware that has left the kitchen. Those items must always follow service clearing procedures or go straight to the scullery. This practice will prevent cross contamination from the dining area into the kitchen. The workflow should always be one-way. i.e. Kitchen, Restaurant, Scullery.

Apply the **Seven Principles of HACCP** which relate to food safety management.

A cold fogger should be used to deep clean the kitchen areas and storage areas daily.

» SCULLERY

RED ZONE - Only scullery staff wearing the prescribed PPE

Before entering the scullery, scullers must ensure that their hands are washed and sanitised properly and must put on the correct PPE.

Kitchen equipment and crockery/cutlery and glassware should be washed separately. High temperature dishwashing cycles must be used, or items must be washed with warm water and soap followed by a sanitiser solution dip before rinsing with plain water and finally air drying.

Whilst the items are air drying the sculler should clean the **RED ZONE** floor (first with a floor detergent and then with sanitiser) and sanitise the work surfaces.

When the cleaning process is complete, scullers must sanitise their hands and then commence with removing their dirty PPE in the following order (sanitising their hands between each step):

1. Apron (placed into a laundry bag for washing)
2. Shoe covers
3. Gloves
4. Wide vision goggles (into a sanitising bath)
5. Mask (into a laundry bag for washing). A new clean mask should be put on

At the exit of the red zone there should be a large plastic bucket half filled with sanitising solution - this is called a sanitising bath. Reusable PPE should be placed into the sanitising bath after removal. After 15 minutes, the PPE soaking in the sanitiser bath can be removed from the bath and hung up to air dry.

The sculler must wash and sanitise hands, and can then pack the clean items into the correct storage locations.

Equipment and workstations (including counters, handles, knobs, dials, switches and static equipment) must be sanitised frequently using surface sanitisers. After all washing is complete the scullery itself is to be cleaned and sanitised, working from the far section of the scullery to the exit door. A bucket of sanitiser is to be placed at the door for the mops and cloths at the end of the shift.

Cold foggers should be used to deep clean the scullery area daily.



»» GOODS RECEIVING/DELIVERIES

Staff members involved in receiving goods and deliveries must wear the correct PPE, and wash hands before and after each delivery.

External delivery personnel must wear a mask and undergo screening to be entered into a register of visitors through a procedure identical to staff and guests.

Refer to SCREENING_GENERAL ENTRY SCREENING LOG SHEET (Refer to Appendix 01). 

All goods must be offloaded and sprayed with sanitiser at an offloading area before entering the stores and refrigerators. Delivery personnel are not to enter kitchens or stores. Only on-site staff may receive the goods after sanitising them.

The entire offloading area and all its surfaces should be sanitised after a delivery is complete and the delivery personnel have departed.

Any supplier who enters any business premises must wear a face mask, have their temperature checked, be screened for COVID-19 symptoms, be entered into a register of visitors, and undergo sanitising through a procedure identical to staff and guests.

»» MAINTENANCE

Maintenance should only be done in areas where no guests are present, and maintenance staff must wear the correct PPE, and wash hands before and after each task.

All contractors must wear a mask and undergo screening and be entered into a register of visitors through a procedure identical to staff and guests.

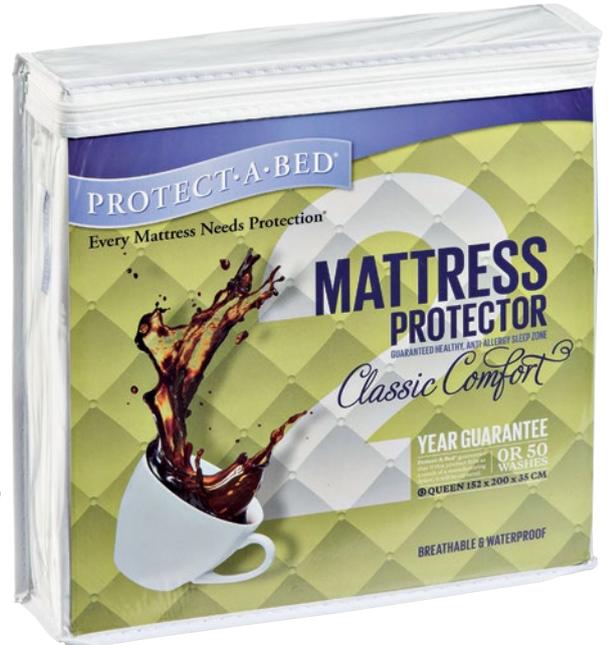
Refer SCREENING_GENERAL ENTRY SCREENING LOG SHEET (Refer to Appendix 01). 

All contractors' equipment brought into the lodge should be sanitised or fogged, and all areas that contractors have had contact with must be deep cleaned and fogged.



PROTECT·A·BED®

Classic Comfort is an air vapour-porous, waterproof, anti-allergy, mattress protector that offers superb quality and style at an affordable price. This performance fibre mattress protector is smooth and thin, giving you a cool, comfortable sleep.



BENEFITS OF *Classic Comfort*



- Everyday mattress protection
- Best suited for light accidents



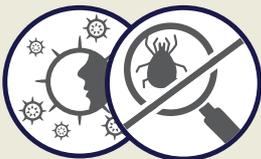
✓ Miracle Membrane is waterproof yet breathable (air vapour-porous) acting the same way as the human skin

✓ Whisper quiet



100% Waterproof

✓ Protects mattresses from stains (accidental spills, perspiration and bodily fluids)



Allergen Barrier Dust Mite Barrier

✓ Effective in preventing bacteria and dust mites from breeding in your pillow and mattress (a major cause of asthma, eczema and rhinitis)



Temperature Regulating

✓ Guaranteed to moderate temperature and enhance sleeping comfort



Fitted Style

✓ Can be used on all visco-elastic, inner spring and latex mattresses

✓ Fitted sheet style

✓ Electric blanket safe



Easy Care

✓ Machine washable (HOT) and tumble dry (MEDIUM)

✓ Wash durability rating: > 50 washes

AVAILABLE SIZES:

Single	92 x 200 x 35cm
Three Q	107 x 200 x 35cm
Double	137 x 200 x 35cm
Queen	152 x 200 x 35cm

NB: Expandable skirt ensures protector fits any depth of mattress (25-40cm)

Tested for harmful substances according to Oeko-Tex Standard 100

Toll Free:
0800 775 775
www.protectabed.co.za



Protect-A-Bed products have been classified as class 1 medical devices by the FDA.



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PROTECT·A·BED®

These pillow protectors are super soft, absorbent and whisper quiet, while remaining ultra-thin and breathable. They protect the sleeper from allergens, dust mites and bacteria that lurk in pillows while also protecting the life span of the pillow itself.

BENEFITS OF *Premium Deluxe & Superior Comfort*

PILLOW PROTECTORS



- Cotton terry towel surface offers outstanding absorbency
- Everyday pillow protection

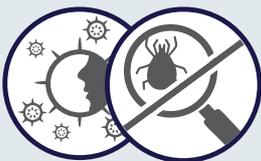


- ✓ Miracle Membrane is waterproof yet breathable (air vapour-porous) acting the same way as the human skin
- ✓ Whisper quiet to sleep on



100% Waterproof

- ✓ Protects pillows from stains (accidental spills, perspiration and bodily fluids)



Allergen Barrier Dust Mite Barrier

- ✓ Effective in preventing bacteria and dust mites from breeding in your pillow (a major cause of asthma, eczema and rhinitis)



Temperature Regulating

- ✓ Cool and comfortable to sleep on



Encasement style

- ✓ Total coverage solution wraps around the entire pillow with zippered closure



Easy Care

- ✓ Machine washable (HOT) and tumble dry (MEDIUM)
- ✓ Wash durability rating: > 50 washes
- ✓ Can be sterilized at 121 °C

AVAILABLE SIZES:

Standard 48 x 71cm
King 50 x 90cm

Tested for harmful substances according to Oeko-Tex Standard 100

Toll Free:
0800 775 775
www.protectabed.co.za



Protect-A-Bed products have been classified as class 1 medical devices by the FDA.



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PROTECT-A-BED®

Premium Deluxe is one of Protect-A-Bed®'s most popular mattress protectors.

Featuring a cotton terry towel surface for excellent absorbency and comfort, Premium Deluxe is the benchmark in mattress protection.

BENEFITS OF *Premium Deluxe*



- Cotton terry towel surface offers outstanding absorbency
- Ideal for heavy accidents, including incontinence and bedwetting



- ✓ Miracle Membrane is waterproof yet breathable (air vapour-porous) acting the same way as the human skin
- ✓ Whisper quiet



100% Waterproof

- ✓ Protects mattresses from stains (accidental spills, perspiration and bodily fluids)
- ✓ Especially helpful in cases of incontinence



Allergen Barrier
Dust Mite Barrier

- ✓ Effective in preventing bacteria and dust mites from breeding in your pillow and mattress (a major cause of asthma, eczema and rhinitis)



Temperature Regulating

- ✓ Guaranteed to moderate temperature and enhance sleeping comfort



Fitted Style

- ✓ Can be used on all visco-elastic, inner spring and latex mattresses
- ✓ Fitted sheet style
- ✓ Ultra thin with 4 way stretch - does not detract from the comfort of the mattress
- ✓ Electric blanket safe



Easy Care

- ✓ Machine washable (HOT) and tumble dry (MEDIUM)
- ✓ Wash durability rating: > 200 washes
- ✓ Can be sterilized at 121 °C

AVAILABLE SIZES:

Single	92 x 200 x 35cm
Three Q	107 x 200 x 35cm
Double	137 x 200 x 35cm
Queen	152 x 200 x 35cm
King	183 x 200 x 35cm
Super King	200 x 200 x 35cm
Extra Super King	220 x 220 x 40cm

NB: Expandable skirt ensures protector fits any depth of mattress (25-40cm)

Tested for harmful substances according to Oeko-Tex Standard 100

Toll Free:
0800 775 775
www.protectabed.co.za



Protect-A-Bed products have been classified as class 1 medical devices by the FDA.



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PROTECT·A·BED®

Made from 100% quilted cotton, with a deep padded cotton fill that provides a luxurious feel and superior comfort, QuiltGuard enhances the feel of your mattress.

QuiltGuard is an air vapour-porous, waterproof, anti-allergy, mattress protector that offers superb quality and style.

BENEFITS OF *QuiltGuard*



- 100% quilted cotton, with a deep padded cotton fill for luxurious comfort
- Outstanding absorbency for heavy spills



- ✓ Miracle Membrane is waterproof yet breathable (air vapour-porous) acting the same way as the human skin
- ✓ Whisper quiet



100% Waterproof

- ✓ Protects mattresses from stains (accidental spills, perspiration and bodily fluids)
- ✓ Especially helpful in cases of incontinence



Allergen Barrier
Dust Mite Barrier

- ✓ Effective in preventing bacteria and dust mites from breeding in your pillow and mattress (a major cause of asthma, eczema and rhinitis)



Temperature Regulating

- ✓ Guaranteed to moderate temperature and enhance sleeping comfort



Fitted Style

- ✓ Can be used on all visco-elastic, inner spring and latex mattresses
- ✓ Fitted sheet style
- ✓ Electric blanket safe



Easy Care

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